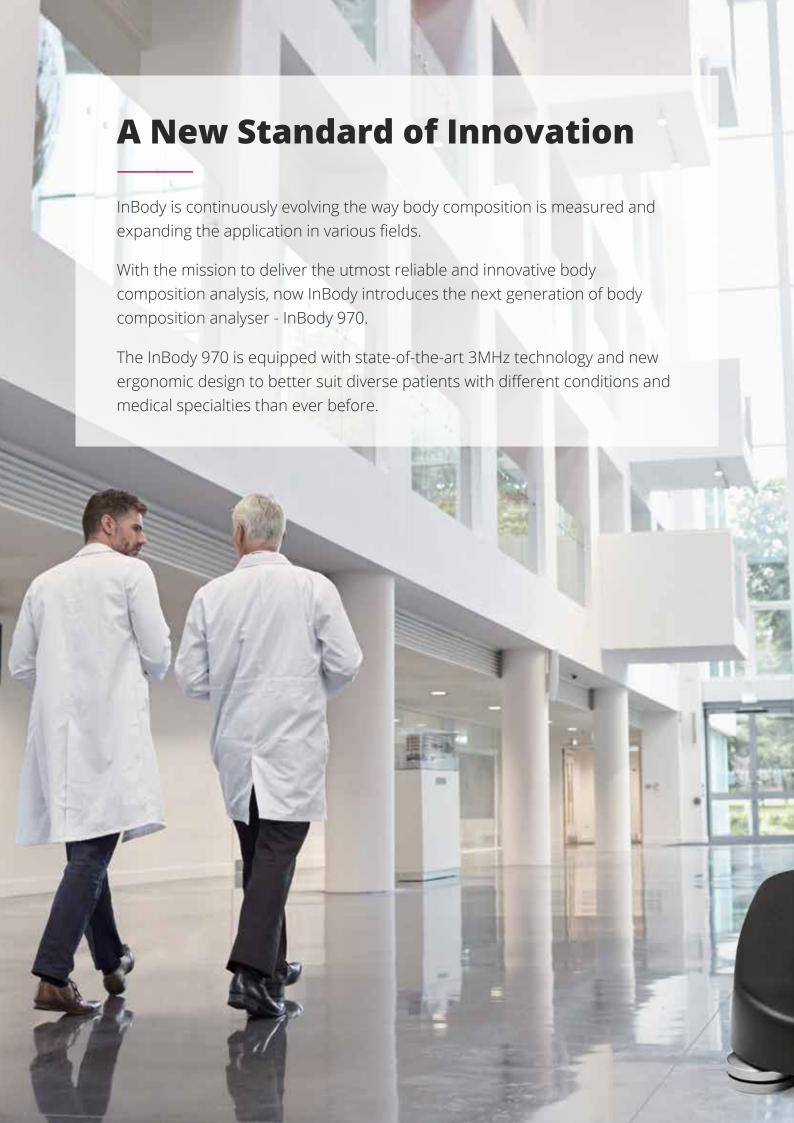


# InBody 970 A new standard of innovation, equipped with state-of-the-art 3MHz technology and a new ergonomic design. www.inbody.net.au





InBody's Accurate 3MHz Measurement Technology

7 Different Result Sheets for In-

Smart InBody Measurement

PH: 0437 555 311 info@inbody.net.au www.inbody.net.au

# **InBody 970 Highlights**

#### **Innovative Design**

The InBody 970 delivers a new seamless look with the premise of detail. The concave head design protects the privacy of the subject during measurement while also enhancing user's visibility. Stainless electrodes and enhanced footplate improve conductivity and allow weight measurements up to 300kg.

#### InBody's Accurate 3MHz Measurement Technology

As the frequency increases, it becomes more difficult to control in the human body, possibly resulting in irregular impedance measurements. InBody technology has overcome this limitation and achieved the feat of controlling 3MHz frequency. The 3MHz frequency is able to penetrate the human cell membranes more effectively and therefore better reflects Intracellular Water in comparison to lower frequencies. This then enables us to differentiate between the Intracellular Water and the Extracellular Water more accurately, resulting in a precise measurement of Total Body Water.

#### **Smart InBody Measurement**

The ID recognition process can be performed quickly and with ease by using the Fingerprint scanner.

#### **7 Different Result Sheets for In-depth Analysis**

- 1. Body Composition Result Sheet (Default)
- 2. Evaluation Result Sheet can be used to evaluate and compare body composition results by age. *(Optional Extra)*
- 3. Research Result Sheet incorporates frequently used parameters and provides segmental graphs that offer a more comprehensive analysis. *(Optional Extra)*
- 4. Comparison Result Sheet provides a Cole-Cole plot graph along with other significant parameters to compare previous and current results. *(Optional Extra)*
- 5. Visceral Fat Result Sheet can be used to monitor changes in subcutaneous and visceral fat. (Optional Extra requires Ycope)
- 6. Body Composition Result Sheet for Children (Optional Extra)
- 7. Body Water (Optional Extra)

## **InBody Technology**

#### **Body Composition Age Evaluation Based on InBody Big Data**

InBody provides age-specific graphs for each body composition analysis parameter based on globally accumulated InBody Data. With this, a comprehensive analysis is provided so that you can compare your data to the data of the young age group (T-score) and the same age group (Z-score).

#### **Multi-Frequency for In-Depth Analysis**

Low frequencies do not pass through the cell membranes well so they mainly reflect ECW, while high frequencies pass through the cell membranes and therefore reflect both ECW and ICW. By using multi-frequencies, InBody measures ECW and ICW separately and measures TBW accurately to check the water balance. As the newest technological advancement, InBody 970 utilises the 3Mhz frequency, the 3MHz frequency, which enables the precise measurement of a more diverse range of patients and subjects with special body compositions. Furthermore, the technology that enabled the utilisation of 3MHz also ensures the measurement stability from other frequencies even when there are outside interferences.

\* ECW: Extracellular Water, ICW: Intracellular Water, TBW: Total Body Water







## **InBody Technology**

#### **High Reproducibility Assured by 8-Point Tactile Electrodes**

InBody placed a total of eight electrodes - one current and one voltage electrode on each handle and footplate. With this electrode design, it maintains the measurement starting point at all times. Even if the measurement postures are changed or multiple measurements are made, it is able to maintain high reproducibility.

#### **Multi-frequency Reactance Data for Enhanced Clinical Use**

Reactance is a resistance that occurs in cell membranes, which is related to the cellular health such as somatic cell mass, structural integrity, and physiological functional level of the cell. Besides 50kHz, InBody improved segmental reactance measurement technology in 5kHz, 250kHz as well. Through this, InBody provides more parameters which can be used in various clinical fields to pre-screen diseases and evaluate nutritional status.

#### **Direct Segmental Measurement-BIA**

Each of our body segments is different in length and cross-sectional area. Arms and legs are longer and narrower in comparison to the trunk, so their impedance values are higher than the trunk. On the other hand, the trunk is shorter and wider than the arms and legs, so its impedance value is lower. However, the trunk muscle mass accounts for almost half of the whole body muscle mass, which is why a small impedance change in the trunk has a greater impact on the amount of whole body muscle mass. Therefore, the trunk must be measured separately in order to measure the whole body muscle mass accurately.

#### **No Estimations or Empirical Equations**

Other BIA devices use empirical estimations to compensate technological limitations of whole body measurements. To calculate body composition they needed to add statistical data, such as age and gender, in order to estimate results. However, InBody overcame these limitations by using patented technology. The provided results are not affected by age, ethnicity or gender. Only reference ranges or scores based on age and gender are used as a basis for evaluating the values determined.

## **InBody Application**



#### Rehabilitation

Monitor injury and post-surgical recovery.

Yoshimura, Y., Bise, T., Nagano, F., Shimazu, S., Shiraishi, A., Yamaga, M., & Koga, H. (2018). Systemic inflammation in the recovery stage of stroke: its association with sarcopenia and poor functional rehabilitation outcomes. Progress in Rehabilitation Medicine. 3, 20180011.

#### **Professional Sports**

Manage body composition to enhance performance and minimize injury risk.

Almājan-Guţă, B., Rusu, A. M., Nagel, A., & Avram, C. (2015). Injury frequency and body composition of elite Romanian rugby players. Timisoara Physical Education and Rehabilitation Journal, 8(15), 17-21.



#### **Nutrition**

Monitor body composition change for nutritional evaluation.

Kim, H.S., Lee, E.S., Lee, Y.J., Jae Ho Lee, C. T.L., & Cho, Y.J (2015) Clinical Application of Bioelectrical Impedance Analysis and its Phase Angle For Nutritional Assessment of Critically III Patients. Journal of the Korean Society for Parenteral and Enteral Nutrition, 7(2), 54-61

#### **Nephrology**

Obtain useful insights on dialysis patients' hydration and nutrition status.

Ando, M., Suminaka, T., Shimada, N., Asano, K., Ono, J. I., Jikuya, K., & Mochizuki, S. (2018). Body water balance in hemodialysis patients reflects nutritional, circulatory, and body fluid status. Journal of Biorheology, 32(2), 46-55.



#### **Geriatric**

Monitor muscle mass and muscle imbalance to screen sarcopenia with SMI, which are related to risks of fall and frailty.

Yoshimura, Y., Wakabayashi, H., Bise, T., & Tanoue, M. (2018). Prevalence of sarcopenia and its association with activities of daily living and dysphagia in convalescent rehabilitation ward inpatients. Clinical Nutrition, 37(6), 2022-2028.

#### **Cardiology**

Pre-screen the risk factors of cardiovascular disease

Thomas, E., Gupta, P. P., Fonarow, G. C., & Horwich, T. B. (2019). Bioelectrical impedance analysis of body composition and survival in patients with heart failure. Clinical cardiology, 42(1), 129-135.

# **Body Composition Result Sheet**

#### InBody 970 **Body Composition Analysers** [InBody970] Height Gender | Test Date / Time Age 51 Female 2021.03.31. 15:44 156.9cm **Body Composition Analysis** 27.4 $(26.4 \sim 32.2)$ Total Body Water (L) 34.9 37.1 $(33.8 \sim 41.4)$ 7.1 $(7.0 \sim 8.6)$ 59.1 (kg) Protein $(35.8\sim43.8)$ (43.9 ~ 59.5) Body Fat Mass (kg) **Muscle-Fat Analysis** <sup>115</sup> 1 ■ 59.1 Weight (kg) 140 170 (kg) 220 520 400 460 Body Fat Mass (kg) 22.0 **Calculated Analysis** 25.0 30.0 24.0 $(kg/m^2)$ 23.0 28.0 33.0 48.0 58.0 **Segmental Lean Analysis** Based on ideal weight ■ Based on current weight ■ 100 115 --- 2.00 --- 101.2 175 (kg) Right Arm 0.378 (%) 145 160 175 (kg) Left Arm 0.378 (%) 100 130 140 150 (kg) 0.398 Trunk **■** 99.0 150 130 140 (kg) Right Leg 0.403 (kg) Left Leg 0.404 **ECW Ratio Analysis** 0.320 0.340 0.360 0.380 0.390 0.400 0.410 0.420 0.430 0.440 **ECW Ratio 0.398 Body Composition History** 65.3 63.9 62.4 61.8 60.9 Weight (kg)

0.396 0.396

(%)

**ECW Ratio** 

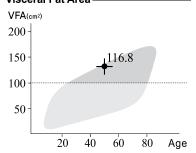
▼ Recent □Total

#### InBody Score

#### 67/100 Point

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

#### Visceral Fat Area



#### **Weight Control**

Target Weight	51.7 kg
Weight Control	-7.4 kg
Fat Control	- 10.1 kg
Muscle Control	+2.7  kg

#### Research Parameters -

Intracellular Water	16.5 L (16.3~19.9
Extracellular Water	10.9 L (10.0~12.2
Basal Metabolic Rate	1171 kcal (1255~1451
Waist-Hip Ratio	0.94 (0.75~0.85
Body Cell Mass	23.6 kg (23.4~28.6
SMI	5.8 kg/m <sup>2</sup>

#### Whole Body Phase Angle

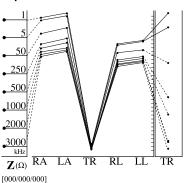
<b>Ø</b> (°)50 <sub>kHz</sub>	$ $ 4.0 $^{\circ}$
-------------------------------	--------------------

#### Segmental Body Phase Angle-

	RA	LA	TR	RL	LL
$\phi$ (°) 5 <sub>kHz</sub>	1.7	4.7	1.7	1.6	4.5
<b>Ø</b> (°) 5 <sub>kHz</sub>   50 <sub>kHz</sub>   250 <sub>kHz</sub>	4.1	5.7	4.0	3.8	4.3
250 kHz	3.8	5.6	2.9	2.9	2.9

#### **Impedance**

37.7



# **Body Water Result Sheet**

# **InBody** Body Water [InBody970] [Yscope]

ID	Height	Age	Gender	Test Date / Time
Jane Doe	156.9cm	51	Female	2021.03.31.15:44

#### **Body Water Composition**

	- out to out to out the state of												
		Uı	nder		Norma	ı			O۷	er			
TBW Total Body Water	(L)	40	60	90	27.4	110	140	160	180	200	220	240	96
ICW Intracellular Water	(L)	40	60	90 1	6.5	110	140	160	180	200	220	240	%
ECW Extracellular Water	(L)	70	80	90	=100	9 <sup>110</sup>	120	130	140	150	160	170	96

#### **ECW Ratio Analysis**

	U	nder	Normal		d 💮	Over					
ECW Ratio	0.320	0.340	0.360	0.380	0.390	0.400	0.410	0.420	0.430	0.440	0.450
		ı				<b>=</b> 0.3	398				

#### **Segmental Body Water Analysis**

		Uı	nder		Norma	ı			Ov	er			
Right Arm	(L)	40	60	80	100 1	.55	140	160	180	200	220	240	96
Left Arm	(L)	40	60	80	100 1.	49	140	160	180	200	220	240	96
Trunk	(L)	70	80	90	100	3.8	120	130	140	150	160	170	96
Right Leg	(L)	70	80	<sup>90</sup> <b>■</b> 4.3	100	110	120	130	140	150	160	170	96
Left Leg	(L)	70	80	<b>■</b> 4.0	100	110	120	130	140	150	160	170	96

#### Segmental ECW Ratio Analysis

Over	-0.43 -0.42 -0.41			0.398	0.403	0.404
Slightly Over				-		
Normal	-0.39 -0.38 -0.37 -0.36	0.378	0.378			
		Right Arm	Left Arm	Trunk	Right Leg	Left Leg

#### **Body Water Composition History**

Weight	(kg)	65.3	63.9	62.4	61.8	62.3	60.9	60.5	59.1
<b>TBW</b> Total Body Water	(L)	28.3	28.0	28.0	27.9	27.9	27.6	27.8	27.4
ICW Intracellular Water	(L)	17.0	16.9	16.9	16.8	16.8	16.7	16.7	16.5
ECW Extracellular Water	(L)	11.3	11.1	11.1	11.0	11.1	10.9	11.1	10.9
ECW Ratio		0.399	0.398	0.396	0.396	0.397	0.396	0.398	0.398
▼ Recent □T	otal	20.07.21 15:11	20.08.27 14:58	20.09.20 15:02	20.11.23 15:23	20.12.21 15:00	21.02.19 14:52	21.03.20 15:12	21.03.31 15:44

#### **Body Composition Analysis** Protein $7.1 \text{ kg} \ (7.0 \sim 8.6)$ Minerals $2.64 \text{ kg} \quad (2.44 \sim 2.98)$ Body Fat Mass $22.0 \; kg \; \; (10.3 \! \sim \! 16.5)$ Fat Free Mass $37.1~kg~(35.8\!\sim\!43.8)$ $\hbox{Bone Mineral Content} \qquad 2.18 \ kg \quad (2.01\,{\sim}\,2.45)$

#### Muscle-Fat Analysis

Weight	59.1 kg	(43.9~59.5
Skeletal Muscle Mass	19.5 kg	(19.5~23.9)
Soft Lean Mass	34.9 kg	(33.8~41.4)
Body Fat Mass	22.0 kg	$(10.3 \sim 16.5)$

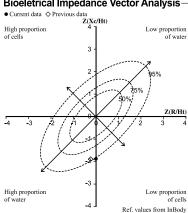
#### Whole Body Phase Angle

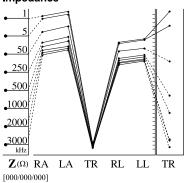
<b>Ø</b> (°)50 μHz	4	U.
<b>Θ</b> (~)5()ν <sub>Hz</sub>	4.	()

#### Segmental Body Phase Angle

	RA	LA	TR	RL	LL
<b>Ø</b> (°) 5 kHz	1.7	4.7	1.7	1.6	4.5
JU KHZ I	4.1	3.1	4.0	2.0	4.3
250 kHz	3.8	5.6	2.9	2.9	2.9

#### Bioeletrical Impedance Vector Analysis-





## **Evaluation Result Sheet**

# **InBody** Evaluation

[InBody970] [Yscope]

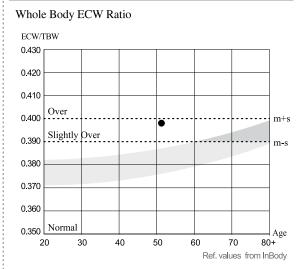
ID	Height	Age	Gender	Test Date / Time
Jane Doe	156.9cm	51	Female	2021.03.31. 15:44

#### **Research Parameters**

#### Whole Body Phase Angle\_50kHz PhA (°) 8.0 7.5 7.0 6.5 6.0 5.5 5.0 m+s 4.5 4.0 m-s 3.5 3.0 L 20 Age 80+ Ref. values from InBody

PhA (°)	Young adults (T-score)	Age-matched (Z-score)
4.0	- 2.9	- 2.4

#### **Body Water Evaluation**



ECW/TBW	Young adults (T-score)	Age-matched (Z-score)
0.398	3.9	2.8

#### Muscle · Nutrition Evaluation

#### Skeletal Muscle mass Index

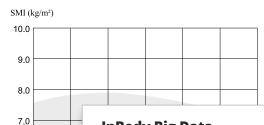
Normal

4.0 Under 20

SMI (kg/m²)

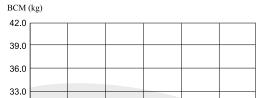
5.8

5.0



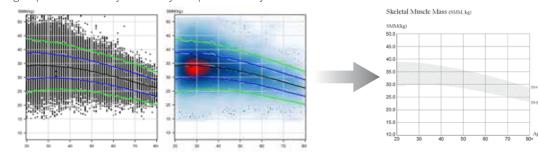
#### **Research Parameters**

Body Cell Mass



#### **InBody Big Data**

Based on 13 million sets of InBody Big Data, InBody provides averages and standard deviation graphs for each result parameters according to age. It allows for comparative evaluation between different or same age groups for a more objective body composition analysis.



- \* InBody Big Data is used for the evaluation by age which is shown as T-Score and Z-score that indicate the relative position of subject. It does not affect the subjects' body composition analysis result.
- \* Depending on the country, the graph will be set differently.

## **Research Result Sheet**

# InBody Research

[InBody970] [Yscope]

ID	Height	Age	Gender	Test Date / Time
Jane Doe	156.9cm	51	Female	2021.03.31. 15:44

**Body Composition Summary** 

	FFM	FM	ICW	ECW	TBW	ECW/TBW
Right Arm	$2.00\mathrm{kg}$	1.6 kg	0.96 L	0.59 L	1.55 L	0.378
Left Arm	1.91 kg	1.6 kg	0.93 L	0.56 L	1.49 L	0.378
Trunk	17.7 kg	11.8kg	8.3 L	5.5 L	13.8 L	0.398
Right Leg	5.24 kg	$3.0\mathrm{kg}$	2.46 L	1.66 L	4.12 L	0.403
Left Leg	5.15 kg	3.0 kg	2.41 L	1.64 L	4.05 L	0.404
Whole Body	37.1 kg	22.0 kg	16.5 L	10.9 L	27.4 L	0.398
Weight		59.1 kg		nce between the		values and sum ervical region.

Body Cor	npo	sitio	n An	alys	is		Mass ==			//TBW		CW =	
		Ur	nder		Vorma	al l			Ove	r			
Whole Body	(kg) (L) (L)	70	80	90 16	37.1 5.5 — 10.	-	120	130	140	150	160	170	%
	(kg)						== 22						_
		0.320	0.340	0.360	0.380	0.390	0.400	0.410 98	0.420	0.430	0.440	0.450	
Right Arm	(kg) (L)	40	60	80		$2.00^{120}$ $0.96$	140	160	180	200	220	240	96
	(L)					0.59		0.20()					
	(kg)	0.320	0.040	0.000		0.390	0.400	9.2%) 0.410	0.420	0.430	0.440	0.450	_
			0.340	0.360	0.380		0.400	0.410	0.420	0.430	0.440	0.450	
Left Arm	(kg) (L) (L)	40	60	80	<b></b> : 0	.91 .93 .56	140	160	180	200	220	240	%
	(kg)						1.6(18	32.9%)	)				
		0.320	0.340	0.360	0.380	0.390 78	0.400	0.410	0.420	0.430	0.440	0.450	_
Trunk	(kg) (L)	70	80	90	100 100 8.	_	120	130	140	150	160	170	%
	(L) (kg)					<b>-</b> 5.5		11.872	42 5%	3			
	(1.6)	0.320	0.340	0.360	0.380	0.390	0.400	0.410	0.420	0.430	0.440	0.450	_
Right Leg	(kg) (L) (L)	70	80	90 5.2 2.46	4 <sup>100</sup>	110	120	130	140	150	160	170	%
	(kg)					3.0(1		<del></del>					
		0.320	0.340	0.360	0.380	0.390	0.400	0.410	0.420	0.430	0.440	0.450	
Left Leg	(kg) (L) (L)	70	80	= 5.15 2.41 === 1		110	120	130	140	150	160	170	%
	(kg)			_		3.0(1							_
		0.320	0.340	0.360	0.380	0.390	0.400	0.410 0.404	0.420	0.430	0.440	0.450	

Body Mass Index	$24.0\mathrm{kg/m}$	²(18.5~25.0)
Percent Body Fat	37.2 %	(18.0~28.0)
Skeletal Muscle Mass	$19.5  \mathrm{kg}$	(19.5~23.9)
Soft Lean Mass	$34.9 \mathrm{kg}$	(33.8~41.4)
Protein	$7.1  \mathrm{kg}$	( 7.0~8.6 )
Mineral	$2.64 \mathrm{kg}$	(2.44~2.98)
Bone Mineral Content	_	(2.01~2.45)
Basal Metabolic Rate	1171 kcal	(1255~1451)
Waist Hip Ratio	0.94	(0.75~0.85)
Waist Circumference	85.0 cm	,
Visceral Fat Area	116.8 cm <sup>2</sup>	
Obesity Degree	114%	( 90~110 )
Body Cell Mass	$23.6  \mathrm{kg}$	(23.4~28.6)
Arm Circumference	30.5 cm	,
Arm Muscle Circumference	26.0 cm	
TBW/FFM	73.7 %	
Fat Free Mass Index	15.1 kg/m	2
Fat Mass Index	8.9 kg/m	2
Skeletal Muscle mass Index	5.8 kg/m	
	Ü	

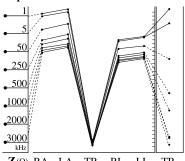
Research Parameters -

#### Whole Body Phase Angle-

1 .		
Ø(°) 50 kHz	4 (	N

#### Segmental Body Phase Angle —

	RA				
<b>Ø</b> (°) 5 kHz 50 kHz 250 kHz	1.7	4.7	1.7	1.6	4.5
7 50 kHz	4.1	5.7	4.0	3.8	4.3
250 kHz	3.8	5.6	2.9	2.9	2.9



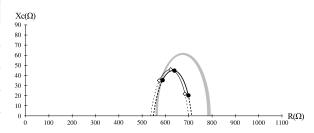
 $\overline{\mathbf{Z}}(\Omega)$  RA LA TR RL LL TR [000/000/000]

# **Comparison Result Sheet**

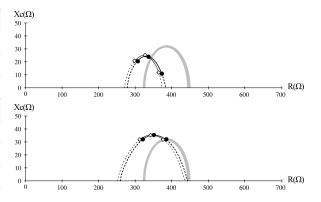
# InBody Comparison [InBody970] [Yscope]

Standard median curve — Today's Results — Recent Result

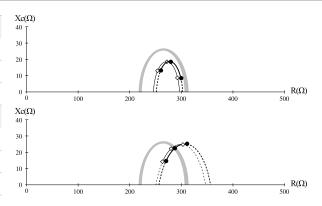
Whole Body	Today	Recent	Difference
Weight (kg)	59.1	60.5	-1.4
SMM Skeletal Muscle Mass (kg)	19.5	19.8	-0.3
Body Fat Mass (kg)	22.0	22.8	-0.8
ECW Ratio	0.398	0.398	0.000
Phase Angle (°)	4.0	4.1	-0.1



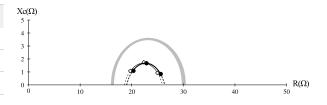
Right Arm		Today	Recent	Difference
Lean Mass	(kg)	2.00	2.06	-0.06
ECW Ratio		0.378	0.378	0.000
Phase Angle	(°)	4.1	4.3	-0.2
Left Arm		Today	Recent	Difference
Lean Mass	(kg)	1.91	1.98	-0.07
ECW Ratio		0.378	0.377	+0.001



Right Leg		Today	Recent	Difference
Lean Mass	(kg)	5.24	5.35	-0.11
ECW Ratio		0.403	0.403	0.000
Phase Angle	(°)	3.8	3.8	0.0
Left Leg		Today	Recent	Difference
Lean Mass	(kg)	5.15	5.26	-0.11
ECW Ratio		0.404	0.405	-0.001
Phase Angle	(°)	4.3	4.3	0.0



Trunk		Today	Recent	Difference
Lean Mass	(kg)	17.7	18.0	-0.3
ECW Ratio		0.398	0.399	-0.00
Phase Angle	(°)	4.0	4.1	-0.1



## **Yscope -** Portable BIA Abdominal Fat Analyser





Abdominal Impedance

Abdominal Circumference



Yscope provides a comprehensive abdominal fat analysis, including visceral fat and subcutaneous fat measurements using the same BIA technology behind the professional InBody devices. It is a non-invasive, radiation-free solution for regularly monitoring and managing abdominal fat.



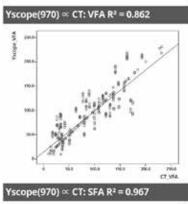
The visceral fat and subcutaneous fat measurements provided by the Yscope have shown high correlation to CT scan results.

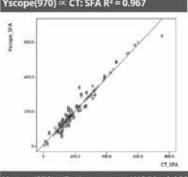
#### **Easy and Quick Measurement**

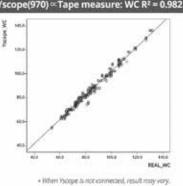
Yscope is a portable abdominal fat analyzer that can be integrated with the InBody 970. In approximately 10 seconds, the Yscope provides a quick and easy solution for assessing essential abdominal parameters.











Ycope Sold Separately

## **Visceral Fat Result Sheet**

# InBody Visceral Fat [InBody970] [Yscope]

ID	Height	Age	Gender	Test Date / Time
Jane Doe	156.9cm	51	Female	2021.03.31. 15:44

#### **Body Fat Composition**

	Values	Abdominal Fat Mass	Trunk Fat Mass	Body Fat Mass	Weight
Subcutaneous Fat(kg)	$\begin{array}{c} 1.58 \\ (0.90 \sim 1.81) \end{array}$	$2.64$ $(1.35 \sim 2.71)$	11.8		
Visceral Fat (kg)	1.06 (0.45 $\sim$ 0.90) Non-Abdominal Fat	(1.55 - 2.71)	( 3.9 ~ 7.8 )	22.0 (10.3 ~ 16.5)	59.1
Arms/Legs Fat (kg)	0.1			(10.5 - 10.5)	(43.9 ~ 59.5)
Fat Free Mass (kg)	37.1 (35.8 ~ 43.8)				

<sup>\*</sup> The difference between the whole body values and sum of segmental values are from the craniocervical region.

#### **Body Fat Analysis**

	U	nder		Norma	ıl 📗			Ov	er			
Weight (kg)	55	70	85	100	115 <b>5</b> 9	).1 130	145	160	175	190	205	%
Body Fat Mass (kg)	40	60	80	100	160	<sup>220</sup>	$2.0^{280}$	340	400	460	520	96
BMI Body Mass Index (kg/m²)	10.0	15.0	18.5	22.0	<sup>25.0</sup> 24	30.0	35.0	40.0	45.0	50.0	55.0	
PBF Percent Body Fat (%)	8.0	13.0	18.0	23.0	28.0	33.0	38.0 37	.2	48.0	53.0	58.0	

#### **Abdominal Fat Analysis**

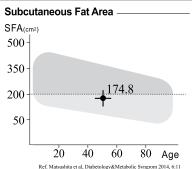
	Uı	nder		Norma				Ove	er		
Abdominal Fat (kg)	40.0	60.0	80.0	100.0	160.0 2.	64	280.0	340.0	400.0	460.0	520.0 %
Subcutaneous Fat (kg)	40.0	60.0	80.0	100.0	160.0 1.58	220.0	280.0	340.0	400.0	460.0	520.0 %
Visceral Fat (kg)	40.0	60.0	80.0	100.0	160.0	1.06	280.0	340.0	400.0	460.0	520.0 %

#### **Abdominal Obesity Analysis**

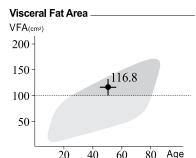
		J	J								
	U	Under Normal					Over				
Waist-Hip Ratio	0.65	0.70	0.75	0.80	0.85	0.90	0.95 0.94	1.00 <b>1</b>	1.05	1.10	1.15
	Suk	cutan	eous	Visceral Fat Obese							
V/S Ratio Visceral/Subcutaneous Fat Ratio		0.10	0.20	0.30	)	0.40	0.50	0.6	0.6	7	

#### **Body Fat History**

Dody Fat IIIs	tor y							
Weight (kg)	65.3	63.9	62.4	61.8	62.3	60.9	60.5	59.1
Body Fat Mass (kg)	27.0	26.0	24.5	24.1	24.5	23.5	22.9	22.0
Abdominal Fat (kg)	3.24	3.12	2.94	2.89	2.95	2.82	2.75	2.64
Subcutaneous Fat(kg)	1.94	1.87	1.76	1.73	1.76	1.69	1.64	1.58
Visceral Fat (kg)	1.30	1.25	1.18	1.16	1.18	1.13	1.10	1.06
▼ Recent □ Total	20.07.21 15:11	20.08.27 14:58	20.09.20 15:02	20.11.23 15:23	20.12.21 15:00	21.02.19 14:52	21.03.20 15:12	21.03.31 15:44



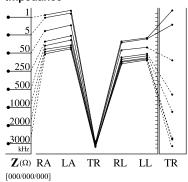
Ref. Matsushita et al, Diabetology&Metabolic Syngrom 2014, 6:11 Nakajima T. et al, Gastroenterology and Hepatology Research 2012, 1:11



#### **Research Parameters**

Waist Circumference	$85.0\mathrm{cm}$	
Obesity Degree	114%	( 90~110 )
Waist-Height Ratio	0.54	( 0.51 Under )
Body Adiposity Index	28.1	( 26.9 Under )
ABSI	0.081	(0.076 Under )
Conicity Index	1.27	( 1.25 Under )
Basal Metabolic Rate	$1171_{\rm  kcal}$	( 1255~1451 )
ECW Ratio	0.398	(0.360~0.400)
SMI	$5.8  \mathrm{kg/m}$	2
FMI	$8.9\mathrm{kg/m}$	2
Loan MaccA/iccoral Eat Arc	ο 0.17. ·	( 0.15 Over )

Lean Mass/Visceral Fat Area  $0.17~\mathrm{kg/m^2}(~0.15~\mathrm{Over}~)$ 



# **Body Composition for Children**

# InBody

#### [InBody970] [Yscope]

ID	Height	Age	Gender	Test Date / Time
John Doe	139.4cm	10	Male	2021.03.31. 16:40

#### **Body Composition Analysis**

Total amount of water in my body	Total Body Water	(L)	19.1 (18.0 ~ 22.0)
What I need to build muscles	Protein	(kg)	5.1 ( 4.9 ~ 5.9 )
What I need for strong bones	Mineral	(kg)	1.91 (1.66 ~ 2.04)
Where my excess energy is stored	Body Fat Mass	(kg)	8.9 ( 3.8 ~ 7.7 )
Sum of the above	Weight	(kg)	35.0 (27.3 ~ 36.9)

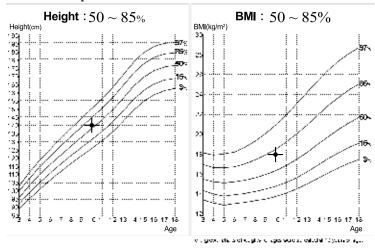
#### **Muscle-Fat Analysis**

		U	nder		Norma				Over				
Weight	(kg)	55	70	85	100	■ 35.	0 130	145	160	175	190	205	%
SMM Skeletal Muscle Mass	(kg)	70	80	90	13.3	110	120	130	140	150	160	170	96
Body Fat mass	(kg)	40	60	80	100	160	$8.9^{\frac{220}{220}}$	280	340	400	460	520	96

#### **Calculated Analysis**

	U	nder		Norma	d e			Ovei	r		
BMI Body Mass Index (kg/m²)	7.9	10.9	13.9	16.4	18.6 18.0	20.2	22.2	24.2	26.2	28.2	30.2
PBF Percent Body Fat (%)	0.0	5.0	10.0	15.0	20.0	25.0 2	30.0 25.6	35.0	40.0	45.0	50.0

#### **Growth Graph**



#### **Body Composition History**

Doug Co	P	JULIUAL		J					
Height	(cm)	134.5	135.2	136.4	137.2	137.9	138.5	139.0	139.4
Weight	(kg)	30.8	31.3	32.0	32.8	33.5	34.0	34.4	35.0
SMM Skeletal Muscle Mass	(kg)	12.5	12.7	12.8	13.0	13.1	13.1	13.2	13.3
PBF Percent Body Fat	(%)	20.4	20.7	21.6	22.3	23.1	24.3	25.1	25.6
▼ Recent □	Total	19.07.15 14:22	19.11.19 09:30	20.01.29 15:18	20.03.15 11:00	20.06.21 15:00	20.09.19 14:52	20.12.20 15:12	21.03.31 16:40

#### **Growth Score**

85/100 Points

\* If tall and within great body comparison standards, the growth score may surpass 100 points.

#### **Nutrition Evaluation**

Protein	<b>M</b> Normal	□ Deficient	
Minerals	Mormal	□ Deficient	
Body Fat	□ Normal	☐ Deficient	Excessive

#### 

			□Over
PBF	□Normal	□Slightly Over	Mover

#### Body Balance Evaluation

Upper	Balanced □	
Lower	☑ Balanced □	
Upper-Low	er M Balanced □	П

#### Segmental Lean Analysis -

Right Arm	0.95 kg
Left Arm	0.94 kg
Trunk	10.8 kg
Right Leg	3.41 kg
Left Leg	3.37 kg

#### **Research Parameters**

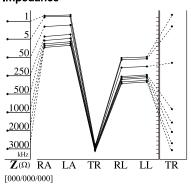
Basal Metabolic Rate	933 kcal ( 948 ~1077)
Child Obesity Degree	109 % ( 90 ~110 )

#### Whole Body Phase Angle -

<b>Ø</b> (°)50 kHz	4.3°
--------------------	------

#### **Segmental Body Phase Angle**

_	RA	LA	TR	RL	LL
$\phi$ (°) 5 <sub>kHz</sub>	1.4	1.4	3.0	1.9	1.8
50 kHz	3.6	3.3	6.8	5.0	4.8
<b>Ø</b> (°) 5 kHz 50 kHz 250 kHz	3.7	3.6	9.4	5.0	4.9



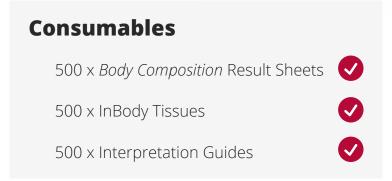
# InBody 970

Device Package



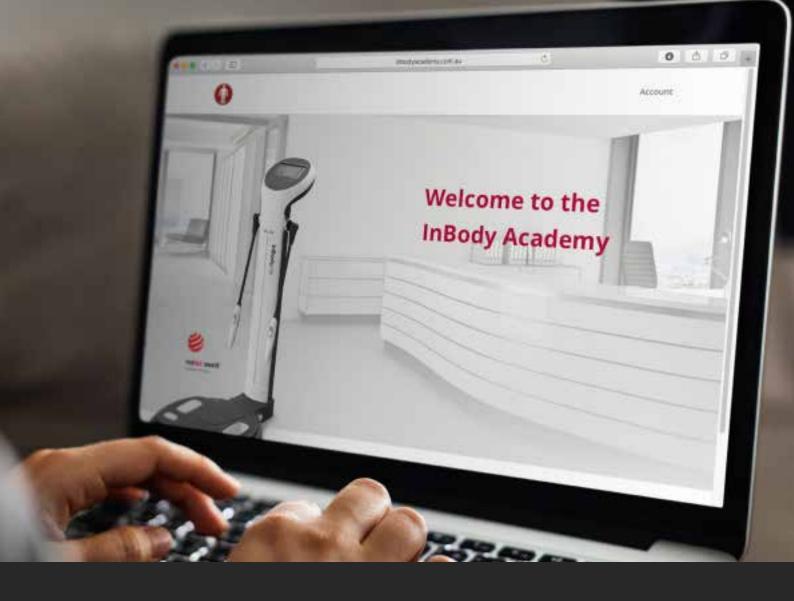
## **Package Inclusions**

This package includes the items pictured here, plus the following items:





InBody 970 Package	\$37,900 + GST
	+ Shipping & handling
Vcone	\$3,700 + GST
Ycope	+ Shipping & handling



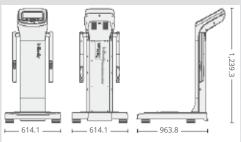
# Become a Certified InBody Operator

This intensive online training course is complimentary for purchasers of new InBody machines and their staff. This is imperative to ensure continuity and effective operation of the InBody device.

### **This Online Training Course Will Cover:**

- Intro to Bioelectrical Impedance Analysis
- InBody's patented BIA technology
- Setting up & operating the InBody devices
- Important pre-scanning considerations
- How to interpret the InBody Scan results
- Plus, much more.

## **Product Specifications**



614.1	614.1	96	53.8	1	
Bioelectric Impedance Analysis (BIA) Measurement Item	Bioelectrical Impedance(Z)	1MHz, 2MHz, 3 Arm, Left Arm,	kHz, 5kHz, 50l BMHz) at Each Trunk, Right Leg	kHz, 250kH of 5 Segm and Left Le	Hz, 500kHz, ents (Right eg)
	Phase Angle	15 Phase Angle Frequencies (! Segments (Right Left Leg)	5kHz, 50kHz, 2	250kHz) at	Each of 5
Electrode Method	Tetrapolar 8-Point	Tactile Electrode	25		
Measurement Method	Direct Segmental N	Multi-Frequency Bi	olectrical Imped	ance Analys	is (DSM-BIA)
	Simultaneous Mul	ti-Frequency Bioe	electrical Impeda	ance Analys	is (SMF-BIA)
Body Composition Calculation Method	No Empirical Estin	nation (Age and 0	Gender does no	t affect the	result)
Compatible Device	BSM Series (BSM BPBIO750), Yscop			BIO Series	(BPBIO320,
Logo Display	Name, Address and	d Content Informa	ition can be show	wn on the R	esults Sheet
Digital Results	LCD Screen, Looki	nBody Web, Lool	kinBody120		
Type of Result	Body Composition Result Sheet, Body Water Result Sheet, Evaluation				
Sheets	Result Sheet, Res	Result Sheet, Research Result Sheet, Comparison Result Sheet, Result			
	Sheet for Children, Visceral Fat Result Sheet				
Voice Guidance	Audible guidance for test in progress and test complete				
Data Storage	Saves up to 100,000 measurements (When ID is entered)				
Administrator Menu	Setup: Configure settings and manage data Troubleshooting: Additional information to help use the InBody970				
InBody USB	Copy, backup, or restore the LookinBody test data (data can be viewed				
	on Excel or LookinBody120)				
Barcode Reader	Member ID will be automatically inputted when the Barcode is scanned				
InBodyBAND Series Recognition Function	Recognizes the Infi inputs personal in	,	,	and automa	atically
Fingerprint Recogni-	Recognizes the fin		-	itomatically	inputs
tion Function	personal informat				
Backup data	Backup data saved	d in InBody970 b	y using an InBo	dy USB	
QR Code	See your result on	InBody mobile A	App		
Applied Rating Current	1kHz : 70uA (+-10u	JA), Over 5kHz : 3	00uA (+-30uA)		
Adapter	Bridgepower	Power Input	AC 100-240V, 5	50-60Hz, 1.2	2A
	(BPM040S12F07)		(1.2A-0.6A)		
		Power Output	DC 12V, 3.4A		
	Mean Well	Power Input	AC 100-240V,	50-60Hz, 1.	0-0.5A
	(GSM40A12-P1IR)	Power Output	DC 12V, 3.34A		
Display Type	1280 x 800 10.1in	ch Color TFT LCD			
Internal Interface	Touchscreen, Key	oad			
External Interface	RS-232C 4EA, USB 1EA, Wi-Fi 1EA	Host 2EA, USB S	lave 1EA, LAN(1	0/100T) 1EA	A, Bluetooth
Compatible Printer	InBody970 compa	tible printers ava	ilable at www.ir	nbodyservi	e.com
Dimensions	614.1(W) x 963.8(L	) x 1239.3(H): mr	n		
Equipment Weight	46kg (101.4lb)				
Test Duration	About 90 seconds				
Operation Environment	10~40°C (50~104'F), 30~75% RH, 70~106kPa				
	-10~70°C (14~158'F) ,10~80% RH, 50~106kPa (No Condensation)				

Pady Composition	Result parameters and Result interpretation	
Result Sheet	Body Composition Analysis (Total Body Water, Protein, Mineral, Body Fat Mass, Weight)  Muscle-Fat Analysis (Weight, Skeletal Muscle Mass, Body Fat Mass) Obesity Analysis (Body Mass Index, Percent Body Fat) Segmental Lean Analysis Segmental Etat Analysis Segmental ICW Analysis Segmental ECW Analysis Segmental ECW Ratio InBody Composition History (Weight, Skeletal Muscle Mass, Percent Body Fat, ECW Ratio) InBody Score Visceral Fat Area (Graph) Weight Control (Target Weight, Weight Control, Fat Control, Muscle Control) Body Type (Graph) Nutrition Evaluation (Protein, Minerals, Fat Mass)	Obesity Evaluation (BMI, Percent Body Fat) Body Balance Evaluation (Upper, Lower, Upper-Lower) Waist-Hip Ratio (Graph) Research Parameters (Extracellular Water, Intracellular Water, Skeletal Muscle Mass, Fat Free Mass, Basal Metabolic Rate, Waist-Hip Ratio, Visceral Fat Level, Visceral Fat Area, Obesity Degree, Bone Mineral Content, Body Cell Mass, Arm Circumference, Arm Muscle Circumference, FMI, FFMI, SMI, Recommended Calorie Intake, Calorie Expenditure of Exercise, InBody Score) Blood Pressure (Max/Min/Pulse Rate, Avg/Pulse pressure/R.P.P) Result Interpretation QR Code Segmental Body Phase Angle (5kHz, 50kHz, 250kHz: Right Arm, Left Arm, Trunk, Right Leg, Left Leg) Whole Body Phase Angle (50kHz)
Body Composition Result Sheet for Children	Result parameters and Result interpretation  Body Composition Analysis (Total Body Water, Protein, Mineral, Body Composition Analysis (Total Body Water, Protein, Mineral, Body Fat Mass, Fat Free Mass, Soft Lean Mass, Weight)  Muscle-fat Analysis (Weight, Skeletal Muscle Mass, Body Fat Mass)  Obesity Analysis (Body Mass Index, Percent Body Fat)  Growth Graph (Height, Weight, BMI)  Growth Score  Body Composition History (Height, Weight, Skeletal Muscle Mass, Percent Body Fat)  Nutrition Evaluation (Protein, Minerals, Fat Mass)  Obesity Evaluation (BMI, Percent Body Fat)  Body Balance (Upper, Lower, Upper-Lower)	Segmental Body Water Analysis (Right Arm, Left Arm, Trunk, Right Leg, Left Leg) Research Parameters (Intracellular Water, Extracellular Water, Basal Metabolic Rate, Child Obesity Degree, Bone Mineral Content, Body Cell Mass, FFMI, FMI) Blood Pressure (Max/Min/Pulse Rate, Avg/Pulse pressure/R.P.P) Result Interpretation QR Code QR Code Segmental Body Phase Angle (5kHz, 50kHz, 250kHz: Right Arm, Left Arm, Trunk, Right Leg, Left Leg) Whole Body Phase Angle (50kHz)
Body Water Result Sheet	Segmental Lean Analysis (Right Arm, Left Arm, Trunk, Right Leg, Left Leg) Result parameters and Result interpretation  Body Water Composition (Total Body Water, Intracellular Water, Extracellular Water)  ECW Ratio Analysis (ECW Ratio)  Segmental Body Water Analysis (Right Arm, LeftArm, Trunk, Right Leg, Left Leg)  Body Composition Analysis (Protein, Minerals, Body Fat Mass, Fat Free Mass, Bone Mineral Content)  Segmental ECW Analysis (Right Arm, Left Arm, Trunk, Right Leg, Left Leg)  Body Water Composition History (Weight, Total Body, Intracellular Water, Extracellular Water, Extracellular Water Ratio)  Muscle-Fat Analysis (Weight, Skeletal Muscle Mass, Soft Lean Mass, Body Fat Mass)	Obesity Evaluation (BMI, Percent Body Fat) Research Parameters (Fat Free Mass, Basal Metabolic Rate, Waist-Hip Ratio, Visceral Fat Area, Obesity Degree, Body Cell Mass, Arm Circumference, Arm Muscle Circumference, TawWFFM, FMI, FFMI, SMI) Blood Pressure (Max/Min/Pulse Rate, Awg/Pulse pressure/R.P.P) Result Interpretation QR Code QR Code Segmental Body Phase Angle (SkHz, 50kHz, 250kHz:
Evaluation Result Sheet	Whole Body ECW Ratio (ECW/TBW): (T-Score, Z-score) Visceral Fat Area (VFA,cm²): (T-Score, Z-score) Body Mass Index (BMI,kg/m²): (T-Score, Z-score) Bioeletrical Impedance Vector Analysis (BIVA) Whole Body Phase Angle, 50kHz (PhA,*): (T-Score, Z-score) ECW Ratio (ECW/TBW) Balance (Right Arm, Left Arm, Trunk, Right Leg, Left Leg): Evaluation Percent Body Fat (PBF,%): (T-Score, Z-score) Skeletal Muscle mass Index (SMI,m²): (T-Score, Z-score) Fat Mass Index (FMI,kg/m²): (T-Score, Z-score) Fat Free Mass Index (FFMI,kg/m²): (T-Score, Z-score) Lean Mass (LM) Balance(Right Arm, Left Arm, Trunk, Right Leg, Left Leg): Amount, Evaluation	Skeletal Muscle Mass and ECW Ratio (SMM,% & ECW/TBW) Skeletal Muscle mass Index and ECW Ratio (SMI,kg/m² & ECW/TBW) Waist Hip Ratio (WHR): (T-Score, Z-score) Body Cell Mass (BCM,kg): (T-Score, Z-score) Outer Circumference(cm) Weight (kg): (T-Score, Z-score) Skeletal Muscle Mass/WT, Extracellular Mass/Body Cell Mass (ECM/BCM): (T-Score, Z-Score) Total Body Water/Weight (%): (T-Score, Z-Score)
Comparison Result Sheet	Weight, Skeletal Muscle Mass, Body Fat Mass, ECW Ratio, Phase A Current-Previous Result difference) Lean Mass, ECW Ratio, Phase Angle: Right Arm, Left Arm, Trunk, F Current-Previous Result difference) Cole-Cole Plot (Today, Recent, Standard Median Curve)	
Research Result Sheet	Body Composition Summary (Fat Free Mass, Body Fat Mass, Intracellu     Body Composition Analysis (Lean Mass, ICW, ECW, Fat Mass, ECW/TB     Research Parameters (BMI, Percent Body Fat, Percent Abdominal I FMI, Skeletal Muscle Mass, FFMI, SMI, Protein, Body Cell Mass, Mi Circumference, Arm Muscle Circumference, TBW/FFM)     Segmental Body Phase Angle (SMHz, 50kHz, 250kHz: Right Arm, Li     Whole Body Phase Angle (S0kHz)     Impedance Graph (Each segment and each frequency)	W): Whole Body, Right Arm, Left Arm, Trunk, Right Leg. Left Leg -at, Visceral Fat Area, Obesity Degree, Waist Circumference, neral, Bone Mineral Content, Basal Metabolic Rate, Arm
Visceral Fat	Body Fat Composition (Subcutaneous Fat, Visceral Fat,	Subcutaneous Fat Area

Abdominal Fat Mass, Arm/Leg Fat, Fat Free Mass, Trunk Fat Mass, Body Fat Mass, Weight)

• Body Fat Analysis (Weight, Body Fat Mass, BMI, Percent Body Fat)

Abdominal Fat Analysis (Abdominal Fat Mass, Subcutaneous Fat Mass, Visceral Fat Mass)

• Abdominal Obesity Analysis (Waist-Hip Ratio, Visceral/Subcuta neous Fat Ratio)

· Visceral/Subcutaneous Fat Area Ratio

#### Yscope ABDOMINAL FAT ANALYZER

95~220cm (3ft 1.40in ~ 7ft 2.61in)

5~300kg (11~660.1lb)

3~99 years



Weight Range

Height Range

Age Range



Result Sheet

Bioelectrical Impedance Analysis (BIA)	Bioelectrical Impedance(Z) Trunk Impedance Measurement at 50kHz, 250kHz
Electrode Method	Biopolar 4-point Tectile Electrodes
Measurement Method	Direct-Segmental Multi-Frequency Bioelectrical Impedance Analysis (DSM-BIA) Simultaneous Multi-Frequency Bioelectrical Impedance Analysis (SMF-BIA)
Body Composition Calculation Method	No Empirical Estimation (Age and Gender does not affect the result)
Measurement Results	Visceral Fat Area, Subcutaneous Fat Area
Applied Rating Current	350uA
Rated Power	DC 3.63V, 2600mAh (Lithium ion battery)
Charing Voltage	DC 5.0V
Display	OLED
Color	White
Dimensions	Yscope (126.7(W) × 269.3(L) × 63.5(H) : mm) Charging Cradle (260(W) × 260(L) × 790(H) : mm)
Equipment Weight	Yscope 0.3kg(0.7lb), Charging Cradle 2.5kg(5.5lb)
Test Duration	About 5 seconds
Operation Environment	10~40°C (50~104'F), 30~75% RH, 70~106kPa
Storage Environment	-10~70°C(14~158'F),10~80% RH,50~106kPa (No Condensation)
Age Range	3~99 years

• Body Fat Change (Weight, Body Fat Mass, Abdominal Fat Mass, Subcutaneous Fat Mass, Visceral Fat Mass)

Research Parameters (Waist Circumference, Obesity

Conicity Index, Basal Metabolic Rate, ECW Ratio, SMI, FMI, Lean Mass/Visceral Fat Area)

• Impedance Graph (Each segment and each frequency)

Degree, Waist/Height Ratio, Body Adiposity Index, ABSI,